AUTUMN/ WINTER MENU 2026

FRESH!

NUTRITIOUS

Chartwells Schools

OUR SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable – helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ☑ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ☑ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ☑ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ☑ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ☑ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ☑ All menus are developed in line with the School Food Standards
- ☑ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ☑ Meat dishes meet Government Buying Standards (GBS) requirements
- ☑ Oily fish is included, in accordance with the School Food Standards

Something for Everyone

- ☑ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ☑ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ☑ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ☑ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES — OPTION 1	Cheese and Tomato Pizza with Wedges (V)	Pork Meatball Sub with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Stuffing and Gravy	Lasagne with a Garlic Doughball	Fish Fingers with Chips
HOT DISHES — OPTION 2	Creamy Garlic Pasta (V)	Sweet Potato & Lentil Curry with Wholegrain Rice (VE)	Roast BBQ Quorn with Roast Potatoes, Stuffing and Gravy (V)	Vegan Meatball Sub with Potato Wedges (VE)	Quorn Dippers with Chips (VE)
HOT DISHES — OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DELI DISHES — OPTION 4	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich
DELI DISHES — OPTION 5	Cheese sandwich	Cheese Sandwich	Cheese sandwich	Cheese sandwich	Cheese sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Vanilla Slice	Chocolate Ice Cream	Apple Crumble with Custard	Chocolate Marble Cake	Yoghurt and Fruit

W/C: 02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027, 15/02/2027, 08/03/2027, 29/03/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping (V)

WEEK 1
WEEK 2
WEEK 3

(V) Vegetarian (VE) Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES — OPTION 1	Cheese and Tomato Pizza with Wholemeal Pasta (V) (Wholegrain)	Beef Burger with Herby Diced Potatoes	Roast Pork with Potatoes, Yorkshire Pudding and Gravy	Chicken and Sweetcorn Pie with Mashed Potato	Southern Fried Chicken with Chips
HOT DISHES — OPTION 2	Spicy Tomato Pasta Bake with a Garlic Doughball (V) (Wholegrain)	Quorn Burger with Potato Wedges (V) (Nutritionist's Choice)	Quorn Roast with Potatoes, Yorkshire Pudding and Gravy (V)	Beany Pasta Bake (V) (Wholegrain)	Quorn Dippers with Chips (VE)
HOT DISHES — OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V) (Wholegrain)
	HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD				
DELI DISHES — OPTION 4	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich
DELI DISHES — OPTION 5	Cheese sandwich	Cheese sandwich	Cheese sandwich	Cheese sandwich	Cheese sandwich
	DELI DISHES ARE SERVED WITH MIXED SALAD				
DESSERT	Chocolate Cookie (VE)	Strawberry Ice Cream	Apple and Berry Crumble with Custard (Fruity!) (Nutritionist's Choice)	Chocolate Fudge Cake	Yoghurt and Fruit (Fruity!) (Nutritionist's Choice)

W/C: 09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027, 01/02/2027, 22/02/2027, 15/03/2027

WEEK 1
WEEK 2
WEEK 3

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES
With a choice of topping (V) (Oily Fish)

(V) Vegetarian (VE) Vegan (Oily Fish) Oily Fish (Fruity!) Fruity! (Wholegrain) Wholegrain (Nutritionist's Choice) Nutritionist's Choice

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AUTUMN/WINTER 2026

FRESH! NUTRITIOUS TASTY FRUITY!

Chartwells Schools

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES — OPTION 1	Cheese and Tomato Pizza with Nut-Free Pesto Pasta (V)	Homemade Sausage Roll with Herby Diced Potatoes	Roast Chicken with Mashed Potato, Yorkshire Pudding and Gravy	Beef Bolognese with Wholewheat Pasta	Fish Finger Sandwich with Chips
HOT DISHES — OPTION 2	Red Pepper and Nut-Free Pesto Spaghetti (V)	Chinese Vegetable Noodles (V)	Quorn Roast with Mashed Potato, Yorkshire Pudding and Gravy (V)	Macaroni Cheese (V)	Quorn Dippers with Chips (VE)
HOT DISHES — OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta (V)
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DELI DISHES — OPTION 4	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich	Ham Sandwich
DELI DISHES — OPTION 5	Cheese sandwich	Cheese sandwich	Cheese sandwich	Cheese sandwich	Cheese sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Oat Cookie with Fruit (VE)	Vanilla Ice Cream	Chewy Muesli Fruit Bar (VE)	Chocolate Sponge with Chocolate Custard	Yoghurt and Fruit

W/C: 16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027, 01/03/2027, 22/03/2027

AVAILABLE DAILY

FRESH FRUIT, SALAD, YOGHURT AND WATER

BAKED POTATOES With a choice of topping (V)

WEEK 1
WEEK 2
WEEK 3

(V) Vegetarian (VE) Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

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